There was a wonderful environment of anticipation and welcome for last week’s 2019 Prep orientation. Sincere thanks to staff and parents who played a role in coordinating this important event. Particular mention to our P&F parents for providing a delightful morning tea to welcome our 2019 families. Feedback from these parents was extremely positive and they feel excited about joining the St Peter’s family next year.

2019 Uniform

Thanks to the staff, parents and families who supported with the sale of existing uniform items over the weekend. Our uniform shop is now stocked with new uniform ready for purchase. 2018 uniform items are available for sale at half price until sold out. The following points are shared to clarify future uniform options:

• The current uniform is able to be worn for three years (ie end of 2021)
• Existing uniform and new uniform must be worn in entirety (no mixing of uniform options). This includes allocation of formal uniform days advised by the class teacher.
• Current uniform socks and hats will continue to be supplied so that existing uniform can continue to be worn until worn out or end of transition period.
• Feedback from the Parent Summit has been used to modify the new uniform - some of these items are now ready for ordering from the supplier.
• Overall the feedback, particularly with regard to the five day uniform has been extremely positive. We will continue to consider parent feedback regarding future uniform options.
• High standards regarding uniform and presentation have not changed. Expectations re hair, jewellery, shoes etc remain the same, as per Parent/Student handbook.
• Currently the uniform shop is very busy with scheduled Prep uniform appointments. Existing families can access the uniform shop in the advertised opening hours (Monday and Thursday 8-8:30am and 3:00-3:45pm) or contact the office to make an appointment.

Italian Assembly

Thanks to Mrs Contarino and Year 1 - 6 students for an entertaining performance showcasing Italian culture and language at yesterday’s assembly.
Important Information for End of Year Processes

This time of year brings a lot of angst for families eager to know class groupings and teachers for next year. As a number of staff contracts are still being finalised, teacher allocation to year levels will not be announced until week nine. At this stage, teachers (apart from Prep) have not been advised of their year level for next year. However, teachers and support staff have been creating and adjusting class groupings since the beginning of this term. This is why our parent input into class allocation processes do not allow for specific teacher requests. Teachers and classes will be published on the parent portal on the last day of school. Once classes have been published, no changes are possible. As this is an extremely complex process, involving countless hours of preparation and consideration, your support of these arrangements is appreciated.

2018 House Winners

Congratulations to Tenison who scored first place in the 2018 House Competition. This year-long competition tallies points from all schooling endeavours; Sporting, Academic, the Arts, participation and cooperation. Tenison students will enjoy their celebration day out on Friday at Aussie World. Details and permission slips were sent to these families this morning and must be returned prior to 11am tomorrow.

Upcoming Events

Monday November 26 - St Vincent de Paul Christmas Appeal Pick Up
Tuesday December 4 - Year 6 End of Primary Mass and Dinner (St Columban’s Chapel and Mary MacKillop Hall)
Thursday December 6 - Year 6 Excursion
Friday December 7:
  • Farewell Assembly 8:40am
  • Christmas Assembly 10am
  • Final farewell 11:30am

Please continue to keep Kieren O’Meara, Debby and family in your prayers as Kieren continues his battle with illness. We continue to pray for Ms Shanie McIntyre (Support Teacher Inclusive Education).

Best wishes for the week

Peter Surawski

FROM THE AP

Reporting

With less than three weeks until the end of term, teachers have been furiously working on student reports. These end of semester reports take many hours to write and then to be reviewed before being uploaded to our Parent Portal. As you will have noticed last semester, each subject studied has a brief content description that summarises what has been taught during the semester. Against each subject, students are given an achievement rating, from Well Above the expected standard to Well Below the expected standard, as well as an effort rating. Together these ratings give an overall picture of the student’s progress in the subject.

At St Peter’s we also give an indication of how students are developing in the 5 Keys to Success, Confidence, Persistence, Organisation, Getting Along and Emotional Resilience.
Prayer for peace of mind

Lead me to your still streams O Lord
Where I can kneel in the waters of life
Lay down my anxious thoughts
And cast all my cares on You
Here I will wait a while
Wait a while
And bathe in the life-giving waters
Bathe my mind in Your Spirit O God
Come fill my being with Your peace
Bathe my heart with Your love O God
Come still my being with Your peace
Bathe my spirit with Your freedom O God
Come saturate this life with Your peace
(a modern prayer for peace of mind and heart, from www.lords-prayer-words.com)

Deep peace of the running waves to you,
Deep peace of the flowing air to you,
Deep peace of the quiet earth to you,
Deep peace of the shining stars to you,
Deep peace of the shades of night to you.
Moon and stars always giving light to you.

These keys have been used at St Peter’s to encourage students to grow as learners and to discern our Students of the Week and Month award winners.

Each report also includes a general comment. This comment describes the individual student as a learner and gives a brief outline of some of their successes and challenges throughout the semester. At St Peter’s we continue to review our processes in line with BCE guidelines and recommendations. With further developments in the reporting space at St Peter’s the general comment length has been shortened and you will notice a more succinct comment about your student as a learner.

As is mentioned on the report, cohort reports are available for the subjects studied at St Peter’s. These cohort reports are displayed in the Parent Portal along with the academic reports for your own student. The information in these cohort reports is shown as a percentage of students at each achievement standard.

A student’s academic reports are held in the Parent Portal for 2 years. Within this time, you need to download a copy and save it to your device. After two years the report is removed from the Parent Portal to allow current reports to be saved. As we near the end of the year the Academic Reporting section of the Parent Portal will be turned off in order to facilitate the upload of this semester’s reports. The current Semester Two reports for 2018 will be available from 7 December.

If you have any questions regarding reporting and your student’s progress, please contact the class teacher. If you need support to access the Parent Portal, please contact the office or drop in and use our kiosk computer at reception. The office staff are very happy to help you log in to the St Peter’s Parent Portal.

Cheers

Donna Castelli

FROM THE APRE

Welcome to another busy week. This week we continue preparing for our end of year events which include the Awards and Handover Ceremony on Friday 30 November and the Year 6 Mass and Dinner on Tuesday 4 December. This Friday is our last Friday Prayer assembly for the year which will be led by Year 5 Purple. They will be reminding us of the season of Advent which will begin on Sunday 2 December. It is a time of waiting and renewing and getting ready for the birth of Jesus. Next Tuesday our Prep classes will be finishing off the year with a special Liturgy of the Word. This will begin at 2:15pm in the church. Please join us for these wonderful moments of prayer and reflection.

You may remember earlier in the year, our school participated in the BCE Listens Survey. This was BCE’s first ever major systemwide survey of stakeholders - students, parents and staff – and it has provided extensive quantitative and qualitative data about their perceptions and experiences of BCE. We had an incredible response with nearly 44,000 (43,738) people throughout the archdiocese completing the survey, and the results confirm we have much to celebrate:

• 98% of Office staff and 96% of school staff are happy with their decision to work at BCE
• 90% of parents are happy with their decision to send their children to a BCE school
• 84% of students are happy to be at their school.

The survey confirmed that BCE’s strength is in relationships, particularly:
• students’ relationships with their teachers and peers, and
• staff relationships with peers and leaders, and the social support provided in the workplace.

The results have also identified areas for improvement, including:
• communication, both within BCE and with parents
• workload and work life balance
• meeting the needs of both struggling and gifted students
• proactively addressing bullying.

This year, Year 4 White have been working with Mr McCorley, a member of the Knights of the Southern Cross, (A Catholic group helping disadvantaged communities) to make Solar Lights for a small village in Papua New Guinea. Sienna Wilson writes:

We did this because they were using oil lanterns and 4 White decided to send each person a solar powered light. They can charge it up during the day and use it to see at night. With an oil lantern, it sends gas fumes which the people have to breathe in and that’s really bad for their lungs.

This year St Stephen’s Cathedral is hosting a Christmas Lights display.

Cathedral Christmas lights display: 12-24 December 2018

You and your family are invited to celebrate the joy of Christmas with a spectacular light and sound show at St Stephen’s Cathedral in the heart of Brisbane’s CBD at 249 Elizabeth Street, Brisbane City. A beautifully-animated tale, which celebrates the power of giving and brings alive the true spirit of Christmas, will illuminate the Cathedral’s historic walls from 12-24 December 2018.

Opening night, Wednesday, 12 December 2018, will commence with Christmas carols at 7pm. The 12-minute show will begin at 7.30pm each night and run continuously until midnight.

The show has been developed by the creators of the Lights of Christmas at St Mary’s Cathedral in Sydney and will finish with traditional artworks of Madonna and Child.

God bless
Anna Shaw

FROM THE GUIDANCE COUNSELLOR

Self-Regulation

Dr Stuart Shanker describes self-regulation as the ability to manage arousal levels (‘the energy in the tank’). When children can manage their energy and arousal levels, they are calm, focused and alert which means that they can behave well, play well and learn well. Understandably a child’s capacity to self-regulate will
impact their success at school. For example, if you can’t regulate your arousal then you might fall asleep when bored, you might punch another child when frustrated, or you might become impulsive when overstimulated.

Stress is the major factor which impacts our ability to self-regulate. Let’s look at some stressors that our children may face.

Stressors can be broken down into 5 different domains:

1. Biological
   • Sensitivity to lights, noises, crowds and strong smells
   • Overstimulation from sugar, junk food and too much screen time
   • Under stimulation from lack of movement, exercise or sleep

2. Emotional
   • Strong emotions, whether positive (over-excited) or negative (angry, fearful)

3. Cognitive
   • Difficulty processing certain kinds of information

4. Social
   • Difficulties with social cues or social skills

5. Prosocial
   • Difficulty coping with other people’s stress

The signs that your child might be having trouble self-regulating include:

• Trouble falling asleep or staying asleep
• Heightened impulsivity
• Difficulty ignoring distractions
• Mood swings and easily upset over little things
• Negative thinking
• Trouble listening
• Not making sense

Steps to supporting children:

1. Figure out and reduce stressors
2. Help children learn what it feels like to be calm
3. Help children develop strategies to help them get back to calm when agitated

Other ideas to support your child to regulate arousal levels:

• Special time to connect with mum or dad or other significant adults
• Good nutrition especially foods that sustain energy and good quality sleep
• Opportunity for movement and exercise including free play out doors with friends or pets

For more information:

• Watch this short clip from Maggie Dent Teaching Kids Self Regulation
• Visit Stuart Shanker’s website for articles and videos https://self-reg.ca/self-reg/
• For more comprehensive information watch this clip from Stuart Shanker

If you have significant concerns for your child’s ability to self-regulate, Occupational Therapists can be a wonderful support as far as both assessment of difficulties and interventions to develop skills.

What is Occupational Therapy?

Occupational therapists can support children with physical, sensory and cognitive skills and can help children develop independence and confidence in tasks such as:
St Pete's is an Allergy Aware School.

We have a number of students who are allergic to a variety of different foods.

We ask parents to be mindful of this when packing lunches.

Thank you for your support.

- attention and concentration skills
- emotional self-regulation and behaviour
- organisational skills
- fine and gross motor skills
- play and social skills
- childcare/school preparation and participation
- daily living tasks like dressing, eating and toileting

In kindness

Anita Katajamaki

FROM THE RESOURCE CENTRE

The remaining weeks of this term are for RETURNS. Please have your child return their library books as well as any home readers from their classroom. Missing or damaged books require a replacement cost payment.

2019 Year 6 Canberra Sydney Excursion

If you are using the layby system – November payments are now due. If you still haven’t paid your deposit – you can access the online payment form on the Parent Portal – Payments – 2019 Canberra Progress Payment

School Holiday Activities

If you are looking for free activities during the school holidays for your children – please check the Moreton Bay Regional Libraries website for activities – many require bookings for particular sessions offered. https://www.moretonbay.qld.gov.au/libraries/events/

Diana Rose
Teacher Librarian

SPORTS NEWS

Surf Lifesaving Visit

Brooke and Hayden (Surf Life Saving QLD) visited us last Tuesday to present a Beach Safety presentation. Students were engaged in an interactive presentation about flags, signs, sun safety, rip currents and how to signal for help. Has your child told you anything they learnt during the presentation? Can they tell about what the colours of the flags on the beach mean?

Let’s Get Netty

Our participants told us what they learnt after the 3 week program and here are some of their answers; “I learnt chest and shoulder passes,” “I learnt how to find space on the court” and “I learnt how to play netball so now I can play with my Mum.” Congratulations to the students in Prep to Year 3 who have participated in the 2018 Let’s Get Netty program. Thank you to their families for supporting them and allowing them to join in, develop their
netball skills, have fun and make new friends. Thanks to Miss Vague and Miss Duncan for coaching the program.

Kilometre Club 2018 – that’s a wrap!

Congratulations to the students who have achieved the following distances on the track this year:

<table>
<thead>
<tr>
<th>Distance</th>
<th>Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>5km</td>
<td>Levi Curtis, Havana Hickman, Darci Davis, Bianca Sanderson, Lachie Davis, Baelan Martin-Cherry, Chloe Toms, Hunter Smith, Laura Schaub, Billy Schultz, Isabelle-Kate Gray, Giuliano Giorgio, Eadie Curtis, Polly Smith, Roman Salmucci.</td>
</tr>
<tr>
<td>10km</td>
<td>West Hickman, Cody Meikle, Fletcher Young, Hayden Toms, Declan Wheat, Riley Hamilton, Hayden Lonnquist, Heath Davis, Mikayla Sanderson, Max Taylor, Jackson Ah Wong.</td>
</tr>
<tr>
<td>20km</td>
<td>Kyannee Young, Chelsea Meikle, Avianna Boyland, Kian Windsor, Levi Martin, Caleb Wheat, Max Proctor.</td>
</tr>
<tr>
<td>30km</td>
<td>Izzabella Boyland.</td>
</tr>
<tr>
<td>42km</td>
<td>Rubi Sullivan, Cooper Boyland.</td>
</tr>
</tbody>
</table>

ROAR at Moreton Downs

Students from St Peter’s are invited to a clinic to be held at Moreton Downs in February 2019. Registering for this clinic at a cost of $10 secures participants an adult and child ticket to an A-League game at Suncorp Stadium. Please follow the link for the registration flyer Roar Flyer.pdf

Socceroos March Past

St Peter’s students participated in the March Past at Suncorp Stadium scheduled before the Australia v Korea Republic game on Saturday night. The rain didn’t keep anyone away and students were excited to walk underneath the stadium and then spot themselves on the big screen as they walked around the pitch. We had students from Prep (Jack and Haley) alongside Year 6 leaders (Flynn, Cooper, Giet and Olivia) and some former students who are now in Year 7 (Jackson and Lily) at St Columban’s who walked together. Thanks to Miss Duncan, Mr Graham and all of the families who supported our students during this wonderful opportunity!
Year 3 Soccer Championship

Good luck to our students from Years 2 and 3 who are representing St Peter’s at next Tuesday’s Caboolture District Football Championship to be held at St Michael’s College. Our boys and girls teams have commenced training and will play 4 games each against other local schools.

St Peter’s Students Shine

MOTO X

Well done to St Peter’s students who recently competed in the fourth round of the SEQ Motor Cross Titles and secured the following amazing results as a reward for their dedication, skill and hours of practise:

• Jye Harvey (4th places overall in 7-9 years)
• Kyle Harvey (1st place overall and 50cc Championship winner)
• Eamon Roberts (3rd place on 65cc and 5th pace on 85cc)
• Macklin Turner (4th overall in Mini Lites classic 85cc)

Karate

Congratulations to Joshua Marheine, Ciara Richards and Kade Richards who recently participated and were successful in the International Sports Karate Association Golden Tournament recently at North Lakes.

News from the Aquatic Centre

What an amazing weekend 5 of the swimmers and I had at the beautiful Sunshine Coast. USC Spartans held a development meet at Matthew Flinders Anglican College where Toby Parker, Luke Parker, Brock Brown, Blake Standish and Daniel Donaldson competed.

The day kicked off with an educational start where Brock, Blake and Daniel spent 2 hours running through a development session delivered by Olympic Coach Chris Mooney. This session focused on the fundamentals of swimming including correct push offs, streamline, dives and race techniques. From the grandstand I could see the boys were soaking in the tips and hints. After a short lunch break Luke and Toby joined us to put these skills to the test in a development meet. All 5 boys did amazing swims, breaking their Personal Best times and gaining some valuable skills in racing. Congratulations on the amazing effort and results achieved.

Brendan Dowling
Head Swim Coach

Kate Cross
Sports Coordinator
State Honours Ensemble Program

This weekend Dominque Davis (clarinet), Izzy Scott (clarinet) and Nina Taylor (trumpet) will represent St Peter’s at the inaugural Primary State Honours Ensemble Program at the Queensland Conservatorium of Music. These students will join 760 musically outstanding students from throughout Queensland for an intensive two-day workshop, culminating in a series of gala concerts. We wish them all the best!

Matthew Hobbs

UNIFORM SHOP

Uniform Shop Hours are:

MONDAY 8.00am – 8.30am
MONDAY 3.00pm – 3.45pm
THURSDAY 8.00am – 8.30am
THURSDAY 3.00pm – 3.45pm

Thank You

I would like to personally thank Donna Castelli, Cathy Cassidy, Lisa Freeth and Steve Sutherland for giving up their Saturday to help in the uniform shop. They helped with the half price sale, scrubbed every shelf and then re-stocked the shop ready for Monday morning. I would also like to thank my husband Jeff, my daughters Jacquelyne and Samantha, they are always on hand when I yell ‘help’.

Special Food Day in the Tuckshop

Wednesday 28 November will be our next Special Food Day for this year

Crispy Chicken Sushi
$2.80

Chocolate Flake Cupcake
$2.50

To ensure that students don’t miss out, we would like orders for the multicultural food day items to be placed on Tuesday 27 November. For your convenience you can place orders online with Flexischools online tuckshop ordering. http://www.flexischools.com.au/

Special food day orders close 9.00am Tuesday.
Thank you for your continued support.

P&F Volunteer of the Month

The P&F Volunteer of the Month for October was awarded to Belinda Toms for the time Belinda has contributed to the P&F. Belinda has been an active member of the P&F for the past 5 years during which time she has spent 3½ years in the executive role of Secretary. Her dedication to the P&F also saw her take on the massive role
of Spring Fair convenor in 2017 bringing to life one of St Peter’s most successful fairs. Thank you, Belinda for your immense generosity and willingness to always lend a hand where needed at both school and P&F events. Words cannot express how truly grateful and fortunate the P&F are to have you as part of the St Peter’s school community.

🎶 PIANO/KEYBOARD CLASSES 🎶

Vacancies exist for keen students in the 2019 Keyboard Classes.
Lessons can be booked Privately or in Groups.
Please call Jillian Amghar on 0406 211 482 for more information.

SCHOOL FEE STATEMENT

PLEASE BE AWARE THAT OCTOBER STATEMENTS ARE NOW PAST DUE FOR PAYMENT.

NOVEMBER STATEMENTS HAVE BEEN ISSUED WITH THE DATE DUE FOR PAYMENT 23 NOVEMBER 2018.

THIS IS THE FINAL STATEMENT FOR 2018.

YOUR ASSISTANCE IS SOUGHT AS OUR SCHOOL FINANCIAL ACCOUNTING PERIOD DRAWS TO A CLOSE, THAT ACCOUNTS BE KEPT UP TO DATE IN KEEPING WITH ENROLMENT FINANCIAL COMMITMENT.

THANK YOU FOR YOUR CONTINUED SUPPORT AND ATTENTION IN ADDRESSING MONTHLY STATEMENTS.
Stanley River Catholic Parish
Bringing back the Spirit of Christmas

Invites you to our
Christmas Bazaar
Friday 7 December 2018
at
St Mary’s Catholic Church grounds
16 Peterson Road, Woodford
Time: 5pm to 8.30pm

Special Area for Kids – Shepherds Field with activities, games and

&

Mystery Entertainer!

Handmade with Love: Ready to give Gifts, Cakes, Confectionery,
Jams and Jellies, Beautiful Plants, Entertainment, Food, Drinks

Jesus is the Reason for the Season